



August, 1998

CERTIFICATE

This is to certify that *Lehmann Birgit* studied traditional Chinese medicine and acupuncture in our Institute. His/Her training included the following subjects:

1. 70 hours of theoretical lectures, including:
 - Yin-Yang and Five Elements
 - Zang-fu-Organs
 - Etiology
 - Tongue & Pulse Diagnosis
 - Acupuncture and Moxibustion Techniques
 - Meridians & Collaterals
 - Acupoints
 - Ear Acupuncture
 - Diseases (Diagnosis and Treatment)

Treatment and Diagnosis of following diseases was taught:

- Headache and Trigeminal Neuralgia
 - Knee Joint Pain, Shoulder Pain, Lumbago, Sciatic Pain, Cervical Spondylosis, Sprains, Contusions
 - Epigastric Pain, Diarrhea
 - Gynecological Diseases (Irregular Menstruation, Dysmenorrhea)
 - Constipation
 - Insomnia
 - Melancholia, Manic and Depressive Mental Disorders
 - Allergic Rhinitis, Eczema and Asthma
 - Herpes Zoster
2. 60 hours of practical training were done under the supervision of the TCM doctors, including:
 - Acupuncture
 - Moxibustion
 - Ear Acupuncture
 - Cupping
 - Electric Stimulation

China Beijing International
Acupuncture Training Centre

